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TRAVEL GUIDE





In celebration of First Western Trust's Women & Wealth speaker series, First Western Trust would like to present you with this handy go to travel guide. In partnership with Chad Clark Travel Ventures and created especially for you, we have compiled a guide that includes great places, experiences, and travel tips that you might find useful. We hope you enjoy.

“Thou shalt not expect to find thingsas thou hast them at home.....
for thou hast left thy home to find things different!”

-The First Commandment of Travel



TOP TRAVEL TIPS

- Travelers Checks are extinct. ATMs are everywhere AND they give you the best exchange rate.
- Travel with \$100 in US One Dollar bills. US currency is accepted everywhere and it's perfect for when you're in a jam and have run out of foreign currency.
- American Express is not widely accepted around the world. VISA is, so travel with both.
- To get into a sold out hotel, find out when cancellation penalties kick in for the date you want to arrive, then call the property on the morning of that day. You can scoop up rooms made available by people who've just cancelled.
- Visit island destinations during shoulder season. Peak-season rates on islands often reflect nearby countries' vacation schedules rather than the best time to visit (Bali's hotels, for instance, fill up with Japanese in early May and with Australians in January). In low season, many businesses shut down. Shoulder season—when crowds are thinner but the weather is still good—is the solution.
- To save space and reduce wrinkles when packing, roll your clothes rather than folding them.
- Take a picture of your luggage before you check it- so much easier than trying to describe it if it's lost.
- Pack a clothespin to keep hotel drapes closed tight.
- To fight jet lag, set your watch to your destination time when you board the plane and act if you're already in that time zone. If it's night there, try to sleep. It's day, do your best to stay awake.
- Take half the clothes and twice the money you think you'll need!



- In Cabo San Lucas, make reservations at El Farallon- Capella Pedregal’s seaside restaurant (pictured above). You can’t get any closer to the ocean and this will be one of the finest dining experiences that you’ll find anywhere in the world.
- WOW! An incredible place to stay in Las Vegas. If you’re looking to be in the middle of everything, yet want the ability to escape all the action, this non-casino sanctuary at The Mandarin Oriental Hotel Las Vegas is the place to stay!
- When in Newport Beach, make a stop at Bear Flag Fish Co. It has the best seafood tacos, sandwiches and salads on the CA coast. You’ll stand in line with surfers, executives, families, and other Bear Flag fans while you decide on your “catch of the day”. A must is the Ahi Poki.
- Enjoy one of the finest walks in the world in Sydney, Australia. You can go from Bondi to Bronte or vice versa. Start your day with a swim at Bondi Iceberg’s ocean fed pool, follow that with your walk, and then reward yourself with a cold Cascade lager at SWELL in Bronte Beach.
- For the ultimate finish to a great day of golf while in Pebble Beach, head over to The Inn at Spanish Bay at sunset and watch the bagpiper lay the course to rest. It’s an amazing way to end a great day!
- For one of the best meals you’ll ever have in your life, pay a visit to The Spice Route at the Imperial Hotel in Delhi, India. It’s heralded as one of the top 10 restaurants in the world by Conde Nast Traveler.



“We don’t know what we don’t know”.....Incredible places to consider!

- [Amangiri](#) - (pictured above left) - Canyon Point, Utah
- [Mukul Resort](#) - (pictured above right) - Rivas, Nicaragua
- [Song Saa Private Island](#) - Mittakpheap, Cambodia
- [Borgo Egnazia](#) - Puglia, Italy
- [Mashpi Lodge](#) - Ecuador
- [Nam Hai](#) - Hoi An, Vietnam
- [Les Pres d’Eugine](#) - Eugénie-les-Bains, France
- [Awasi](#) - Patagonia, Chile
- [The Byron at Byron](#) - Byron Bay, Australia



Why just go on a trip.....Make it an experience!

- Snorkeling with the elephant seals in Antarctica (pictured above left).
- Enjoying the Amalfi Coast at Hotel Santa Catarina (Pictured above right). Don't forget to order the lemon tagliolini pasta, the calzone, and if you're adventurous- the sea urchin pasta!
- Enjoying a freshly lit fire and a fresh cup of coffee (at sunrise) at the Blue Canteen. Located in the luxurious Ranch at Rock Creek, Philipsburg, Montana
- How about playing Augusta National Golf Course with a past Masters Champion the Sunday before the Masters. If that wasn't enough, what about being a caddy for that same pro at the iconic Par 3 tournament the Wednesday of Masters week. And then to top it off, watch the final round and enjoy a South African Braai (BBQ) at a private home hosted by Gary Player.
- Imagine a small Italian restaurant in Manhattan open to just you and a group of you friends. You've just completed a wonderful food and wine experience, when all of a sudden the entertainment begins. One after another, a troop of past Broadway leads from Phantom, Le Miz, Wicked, Fiddler on the Roof, Chicago perform Broadway's Greatest show tunes. Why go to a Broadway show, when you can have a Broadway show come to you?
- Avoid the masses, How about a private dinner for two on the Great Wall of China? Dinner is prepared by a master chef and you and your loved one can be entertained by your own personal orchestra.....maybe by their rendition of Pink Floyd's THE WALL.

Peter Volny, one of First Western Trust's Advisory Board members and an enthusiastic traveler, has also offered some of his travel tips for your viewing pleasure. These tips can be used either in partnership with a travel advisor or as part of your own planning process.

- Make sure you keep a list of the phone numbers of your credit card providers in case you need to report a stolen or lost card.
- Learn a few basic words and phrases such as hello, goodbye, please, thank you. Print them phonetically and clearly on a small piece of paper that you can fold and keep in your pocket to refer to as needed. People really appreciate your efforts and will become friendlier.
- Avoid executive level rooms that include breakfast, evening cocktails, and snacks. Having breakfast at local cafes or markets allows you to experience the local culture and meet the locals. They are just as interested in you as you are in them. If you are anything like us, you will over-indulge on the free evening snacks and drinks, which will deter you from going out to a local restaurant and experiencing the local food and culture, and meeting new people. Remember everyone in your hotel is a tourist just like you. This is also a good reason not to eat in your or any hotel.
- Rather than asking your concierge about dining recommendations, ask the desk clerks where they eat and recommend. Concierges typically get “special treatment” from the places they recommend so they may not be quite as objective.
- Don't be afraid to try new foods. After all, isn't part of the reason we travel to experience new things. If the locals are eating it, it must be alright.
- Be friendly and speak to people you meet – you'll be amazed at what you learn. Both locals and other travelers are typically very happy to suggest places to go, things to see, restaurants to try, and so on.
- Similarly, if you see someone eating something that looks appealing, ask them what it is and how they are enjoying it. Not only will you find new foods, but you will also meet new people.
- E-mail the hotels you book asking for sightseeing tips well in advance of going there.
- We have found "Eyewitness Travel Guides" available at any book store to be by far the best.
- The Global Online Enrollment System (GOES), an international trusted traveler program, is extremely helpful in vastly reducing the amount of time spent clearing Customs after international travel. It can also help on occasion for domestic travel. Here is the link to the website: <https://goes-app.cbp.dhs.gov/main/goes>.